



# PROVERBS

*Everyday Wisdom*

Jr Bible Quizzing  
JUNIORS DIVISION  
2022

**Coach-in-a-Box | "100 Day Plan"**

**SECOND EDITION**

Agreement and Usage:

The information contained in Coach-in-a-Box is by no means exhaustive. All were written with the intent to help the parent and child develop a more enriching study program with the quizzing material. Only the verses are the infallible Word of God. The parent is encouraged to expand on the narrative provided as deemed appropriate in their quest to teach and expound on biblical truths. However, this guide is copyrighted and may not be reproduced and/or distributed in whole or in part without written consent of the author.

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- *Treasure Quest: The Elliott Chronicles*



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# How to Use this Guide

Congratulations! You're officially a Bible Quizzer. Now what? Sure, you're probably excited about traveling to the competitions, meeting new friends and maybe winning a trophy or two. But there's a whole lot more to quizzing than that. You're going to learn God's Word and grow in Him. This is where Coach-in-a-Box can help.

The Coach-in-a-Box study system has all the study disciplines that experienced quizzers use to daily prepare for tournaments. Along with that, there are aspects of Coach-in-a-Box that will help you understand what the verses mean and how to pray God's Word. The scriptures will mean more to you than just words. They'll be something you can apply to your life.

**Let's take a quick tour of the tool.**

## INTRODUCTION

Before you start your journey, the short Introduction will set the stage for what you will be studying for the year. The Introduction also presents the year's theme.

### *Introduction*



If God appeared to you in a dream and offered you anything in the world, what would you ask for? Would you ask for wealth beyond your wildest imagination? Would you seek the power to rule the world? Would you be more charitable and ask for world peace or that no person go hungry? This actually happened to a man named Solomon.

Solomon was one of David's sons. After David died, Solomon was made the king of Israel. Not long into his reign, Solomon went to a place called Gibeon. There, he offered a thousand burnt offerings to God. That night, God came to him in a dream and said to Solomon, "What do you want? Ask, and I will give it to you!"

Solomon did not ask for riches or fame. Instead, he asked for the wisdom and understanding to lead God's people. God was so pleased with his request, that He promised not only to make him the wisest person on earth, but he also gave him riches and honor like no other king before or after him.

Soon, tales of Solomon's wisdom spread throughout the neighboring kingdoms, reaching as far as Ethiopia. In his lifetime, Solomon penned his words of wisdom in such books of the Bible as Proverbs, Ecclesiastes, and the Song of Solomon.

Proverbs provides guidelines for righteous living. Written from the standpoint of a teacher to his pupils or a father to his son, Solomon's wise sayings are still relevant today for those of us who desire to live according to God's principles.

# STUDY MODULES

The Study Modules are broken out by days and identify the work to be done in the areas of memorization and review. Plus, each day has its own devotion which will help you better understand the meaning of the verses and how they apply to you. There are 100 Study Modules in total.

Let's look at each element of the daily study module separately.

## 1. Daily Module

**The Day of Study**

**The Daily Objectives**

## 2. The Devotion

1. Short message to help you understand the verses & how they apply to you
2. Life Lesson is a summary of how to apply the learning
3. The Prayer is meant to teach you how to "pray the Word."

20	
Welcomed Light	
<p><b>Memorization</b></p> <p>Proverbs 4:17 For they eat the bread of wickedness, and drink the wine of violence. Proverbs 4:18 But the path of the just is as the shining light, that shineth more and more unto the perfect day. Proverbs 4:19 The way of the wicked is as darkness: they know not at what they stumble.</p>	<p><b>Review</b></p> <p>In Order: Pr. 4:11-16 Mixed: Pr. 1:1 thru 4:10</p>
<p>The car lurched forward before the engine sputtered and died. "Uh, oh," Dad said, easing the car onto the side of the road. Smoke billowed from beneath the hood.</p> <p>"What's wrong, Dad?" Brayden asked.</p> <p>"I'm not sure," he replied. "I think the engine just blew." He pulled the hood release handle and jumped out of the car. Using his phone as a flashlight, Dad lifted the hood and peered inside.</p> <p>He walked up to the side of the car where Brayden was seated and tapped on the window. "The engine is a goner and there are no bars on my phone. We're going to have to walk to get help."</p> <p>Night had already fallen on the isolated stretch of country road. With no streetlights, it was an endless sea of black outside. Brayden stomach knotted, but he didn't say anything. He exited the car and joined his father beside the road.</p> <p>"How far is it to town?" Brayden asked.</p> <p>"Not sure. Could be quite a walk. But don't worry. God's watching."</p> <p>That reassurance relieved Brayden's nerves – just a little.</p> <p>The two set out in search of civilization. They walked for miles. Brayden felt they would never find help. When he had almost given up hope, his dad nudged him. "Look there," he said, pointing.</p> <p>Brayden followed his father's gaze and saw a porch light behind a grove of trees just up the road. In the faint light, he could just make out the silhouettes of people moving about. Brayden breathed a sigh of relief.</p> <p><b>Life Lesson</b></p> <p>This world can be a dark place. But know God has made you to be a light. Let your faith shine before all men.</p> <p><b>Prayer</b></p> <p>God, help me to be a light to help point others back to You. Help me to live a life where You shine through me.</p>	

### 3. Daily Objectives

**Memorize** – The verses to be memorized for the day are given; on average, the Junior quizzer will learn between 3-4 verses per day

**Review Objectives** – You will quote the verses in order for 2 days following memorization then mixed using verse cards thereafter.

<b>Memorization</b>	<b>Review</b>
<p><b>Proverbs 4:17</b> For they eat the bread of wickedness, and drink the wine of violence.</p> <p><b>Proverbs 4:18</b> But the path of the just is as the shining light, that shineth more and more unto the perfect day.</p> <p><b>Proverbs 4:19</b> The way of the wicked is as darkness: they know not at what they stumble.</p>	<p><b>In Order: Pr. 4:11-16</b></p> <p><b>Mixed: Pr. 1:1 thru 4:10</b></p>

### **REVIEW OBJECTIVES FOLLOWING MEMORIZATION**

These objectives will guide your review until you are working entirely from verse cards.

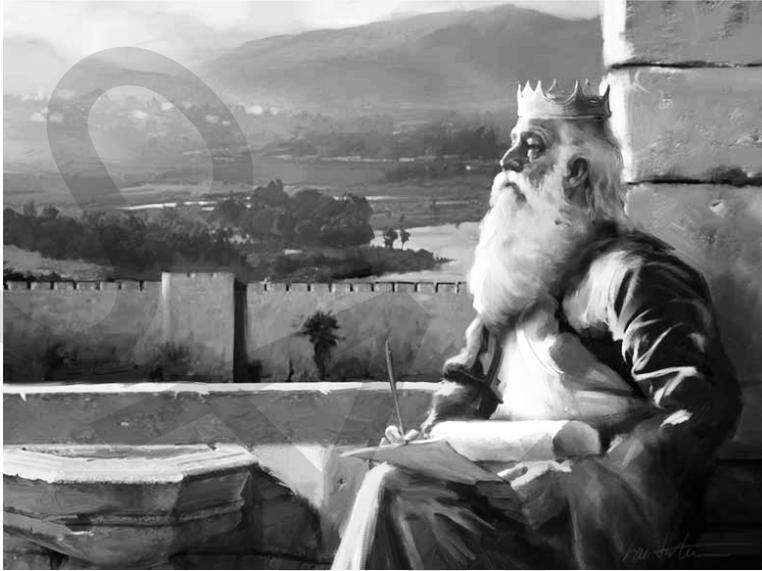
### **OPTIONAL REVIEW CHALLENGES**

These exercises will aid your recall and increase your confidence to respond to specific types of questions.

### **DISCIPLINES OF STUDY**

This section provides effective study tips in the areas of Memorization, Review and Planning the study time.

# Introduction



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offered a thousand burnt offerings to God. That night, God came to him in a dream and said to Solomon, "What do you want? Ask, and I will give it to you!"

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Proverbs provides guidelines for righteous living. Written from the standpoint of a teacher to his pupils or a father to his son, Solomon's wise sayings are still relevant today for those of us who desire to live according to God's principles.

# CHAPTER 1

## Class is in Session



If you're like most people, you didn't wake up one day and know how to read, write, or do math problems. You had to be taught. As a result of COVID-19, you probably have been instructed in a variety of ways, most notably at home in front of a computer screen while your teacher conducted her lesson a safe distance away.

There are a lot of ways to learn something, but it is important to understand that even after we finish high school or college, we never stop learning. One area where this is particularly true is studying the word of God. In Ephesians 4:11, Paul tells us how God imparts His knowledge and desires to His church.

*And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers*

We refer to this as the five-fold ministry of the church. Notice that one ministry involves teaching. Before Jesus' physical ministry on this earth ended, He told His disciples that God would send a Comforter in His name, which is the Holy Ghost. He will teach you all things (John 14:26). For this reason, no matter our age, there is always more we can learn about God and from God through the Spirit.

Solomon, the wisest man in the ancient world, felt it was important to impart words of wisdom to the next generation. This is the reason for the Proverbs. They are meant to teach wisdom and discipline as well as give insight into what is right, just, and fair (Prov. 1:2-3).

Are you an eager student? Do you like to learn something new? Hopefully, you are eager to learn a thing or two from Solomon about how God wants us to live our lives. You don't need to be a Bible scholar or a preacher to understand the truths found in Proverbs. These are simple principles you can apply to your life right away, even at a young age.

Are you ready to learn? Get ready. Class is about to begin.

# Class is in Session

## 1

### Day Dreamer

#### Memorization

**Proverbs 1:1**

The proverbs of Solomon the son of David, king of Israel;

**Proverbs 1:2**

To know wisdom and instruction; to perceive the words of understanding;

**Proverbs 1:3**

To receive the instruction of wisdom, justice, and judgment, and equity;

#### Review

**In Order:** None

**Mixed:** None

While in class, Aaron longingly gazed out the window. For the first time in nearly two weeks, the sun had broken through the gray haze. Spring was almost here, and Aaron wished he could be outside playing. Instead, he was stuck inside this stuffy classroom.

Aaron's attention was so drawn to the outdoors, he barely heard the teacher ramble on about a quiz the next day. His mind was on baseball, bicycles, and long hikes in the woods behind his house. Maybe this year he'd finish that tree house he and Jose started last summer. Suddenly, from a place far off, he heard his name. His head jerked toward the front of the room and his eyes locked with his teacher's. She didn't seem happy.

"Um, yes ma'am?" Aaron said timidly. He quickly scanned the room. Everyone was looking at him.

"So glad to have you back with us, Aaron" she said. "Can you repeat what I just said?"

Aaron shook his head. "No ma'am," he replied.

The teacher turned to a red headed girl at the front of the class. "Rebecca, please share with our day dreamer here what we're doing tomorrow?"

Rebecca smirked. "Of course, Ms. Harris. We have a test over chapter two."

"Thank you, Rebecca," the teacher said. "Now, I hope you took good notes today, Aaron, because I said exactly what will be on the test."

Aaron gulped. He looked down at the empty page in his notebook and knew he was in big trouble.

#### Life Lesson

To understand God's instructions for our lives, we have to be open to receive instruction.

#### Prayer

Lord, help me to have a heart opened to Your Word. Help me to know and hear Your voice.

# Class is in Session

## 2

### Like Father, Like Son

#### Memorization

**Proverbs 1:4**

To give subtilty to the simple, to the young man knowledge and discretion.

**Proverbs 1:5**

A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels:

**Proverbs 1:6**

To understand a proverb, and the interpretation; the words of the wise, and their dark sayings.

#### Review

**In Order:** Pr. 1:1-3

**Mixed:** None

Jacob's dad withdrew a carved table leg from the wood machine and handed it to Jacob. His father was a master carpenter, and he was teaching Jacob how to make furniture.

"Wow, Dad. This is perfect. How did you learn to do that?" Jacob asked.

"I learned it from my dad, your grandpa," he replied, handing Jacob a piece of sandpaper. "While you sand the leg down, I'll tell you the story. He was a carpenter, too, just like me. We'd spend many weekends out in his woodshed working on odd projects he'd sell to neighbors and church folks."

Jacob carefully ran the sandpaper across the grain in the wood. "Is that why you became a carpenter?" Jacob asked.

"Sure was," his father replied. "But what I really enjoyed more than learning the craft were all the life lessons he used to teach me."

Jacob looked up at his dad. "Like what?"

"He taught me about God, how to treat others, and what's most important in life." He put a hand on Jacob's shoulder. "The kind of things I want to teach you."

Jacob smiled. "Sounds great, Dad. Maybe you can teach me while we make lots of great stuff together like Grandpa did with you."

#### Life Lesson

Wisdom about life is something that can be passed down from generation to generation. Godly wisdom comes first from God.

#### Prayer

God, help me learn from my elders. But, more importantly, help me learn Your ways.

# Class is in Session

## 3

### Rained Out

#### Memorization

**Proverbs 1:7**

The fear of the LORD is the beginning of knowledge: but fools despise wisdom and instruction.

**Proverbs 1:8**

My son, hear the instruction of thy father, and forsake not the law of thy mother:

**Proverbs 1:9**

For they shall be an ornament of grace unto thy head, and chains about thy neck.

#### Review

**In Order:** Pr. 1:1-6

**Mixed:** None

Jimmy shoveled the cereal into his mouth.

“Whoa!” his mother said. “Slow down, son. Why are you in such a hurry this morning?”

“It’s Jake’s turn to feed our class rabbit, and he told me I could help if I got to school early.” Jimmy replied.

“Not before you put your dishes in the sink,” Mom said.

Jimmy sighed deeply. “Fine,” he said. He snatched the bowl from the table and dropped it in the sink.

He then grabbed his backpack underneath the kitchen table, flung it over his shoulders, and raced toward the back door. Just before he gripped the knob, his mother called after him. “Grab your raincoat before you leave. It’s going to rain this afternoon.”

“Yeah, yeah,” Jimmy said under his breath. There was no time to look for his raincoat. Jake was probably already at school waiting for him.

That afternoon, just before the dismissal bell rang, a heavy rainstorm moved into the area. Jimmy stood outside the schoolhouse and watched as sheets of rain poured down from the sky. He couldn’t even get to his bike without getting soaked. He had wished then that he had listened to his mother. Instead, he had to wait the storm out before he could leave for home.

#### Life Lesson

It’s important to listen to the instructions of your parents. It’s even more important to respect God’s commandments.

#### Prayer

Lord, help me to show respect to my parents. I know they only have my best interests in mind.

# Discipline of Study

*Tips for an Effective Study Program*

## **Bible Quiz Study 101**

The study required in Bible Quizzing is a big commitment for both the parent and the child. It takes time, consistency, a lot of work and patience. However, there are practical tips for effective studying. The following pages outline some fundamentals for developing Disciplines of Study in the areas of **memorization**, **review** and **planning**.

MEMORIZATION..... Page 134

- The Phrase-15 Method
- The Reading Method

REVIEW ..... Page 138

PLANNING..... Page 139

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<sup>1</sup> Sarah M. Ellis, Yasmin S. Khan, Victor W. Harris, Ricki McWilliams, and Diana Converse, "The Impact of Fathers on Children's Well-Being," University of Florida IFAS Extension, Document FCS3321, part of a series of the Department of Family, Youth and Community Sciences; UF/IFAS Extension, original publication date September 2014, reviewed August 2017, accessed February 27, 2021, [edis.ifas.ufl.edu/pdf/files/FY/FY145100.pdf](http://edis.ifas.ufl.edu/pdf/files/FY/FY145100.pdf).

<sup>2</sup> Neff, Joseph, "At home behind bars: After 66 years in prison, he has lost the desire to leave," *Raleigh News & Observer*, May 23, 2019, Web, Accessed February 27, 2021, [www.newsobserver.com/news/local/article230690889.html](http://www.newsobserver.com/news/local/article230690889.html)

<sup>3</sup> Brombacher, Shoshannah, "The Rabbi and the Cow," Chabad.org, Accessed February 28, 2021, [www.chabad.org/library/article\\_cdo/aid/404895/jewish/The-Rabbi-and-the-Cow.htm](http://www.chabad.org/library/article_cdo/aid/404895/jewish/The-Rabbi-and-the-Cow.htm),

<sup>4</sup> David Masci, "Q&A: Why Millennials are less religious than older Americans," *Pew Research Center*, January 8, 2016, accessed February 11, 2021, [www.pewresearch.org/fact-tank/2016/01/08/qa-why-millennials-are-less-religious-than-older-americans/](http://www.pewresearch.org/fact-tank/2016/01/08/qa-why-millennials-are-less-religious-than-older-americans/).

<sup>5</sup> Brombacher, Shoshannah, "A Pillow Full of Feathers," Chabad.org, Accessed March 5, 2021, [https://www.chabad.org/library/article\\_cdo/aid/812861/jewish/A-Pillow-Full-of-Feathers.htm](https://www.chabad.org/library/article_cdo/aid/812861/jewish/A-Pillow-Full-of-Feathers.htm).

<sup>6</sup> "Smokey Bear," *Wikipedia: The Free Encyclopedia*, Wikipedia Foundation, Inc., May 21, 2021, Web, Accessed June 11, 2021, [en.wikipedia.org/wiki/Smokey\\_Bear](http://en.wikipedia.org/wiki/Smokey_Bear).

<sup>7</sup> Mayo Clinic Staff, "Forgiveness: Letting go of grudges and bitterness," November 13, 2020, Web, Accessed March 6, 2021, [www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/forgiveness/art-20047692](http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/forgiveness/art-20047692).

<sup>8</sup> Gurley, Ken, *The Book on Prayer* (Pearland, Texas: First Church Publishing, 2020), pp. 225-226.

<sup>9</sup> "Lawrence Berkeley National Laboratory, Berkeley, California: Where the alchemists dream of transmuting base metal into gold was actually achieved," Atlas Obscura, Accessed March 6, 2021, <https://www.atlasobscura.com/places/lawrence-berkeley-national-laboratory#:~:text=In%201980%20at%20the%20Lawrence%20Berkeley%20Laboratory,%20Glenn,transmutation%20of%20a%20base%20metal,%20bismuth,%20into%20gold>.

<sup>10</sup> Carter, Sherrie Bourg, Psy. D., "Emotions Are Contagious – Choose Your Company Wisely," *Psychology Today*, October 20, 2012, Accessed February 21, 2021, [www.psychologytoday.com/us/blog/high-octane-women/201210/emotions-are-contagious-choose-your-company-wisely](http://www.psychologytoday.com/us/blog/high-octane-women/201210/emotions-are-contagious-choose-your-company-wisely).

<sup>11</sup> Gurley, *The Book on Prayer*, p. 275.